

RollEase Rolling Pin

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Introduction

Get ready to whip up a batch of calm kids with the RollEase Rolling Pin! Apply this firm, foam rolling pin over the back of child, lying on their tummy, for plenty of deep pressure input and voila...an instant kid calmer! Great for sensory input and bilateral motor coordination when child does the "rolling".

RollEase Rolling Pin measures 32" long overall and weighs approximately 1 lb. Roller is made of foam rubber and is 22"L and 3"W. Handles are 6" long and made of PVC tubing. Includes cord on one end, for hanging.

Product Use

Children who are touch sensitive (tactile defensiveness) may need gradual exposure to the RollEase Rolling Pin. Demonstrate activity on a favorite doll, or another child, to model the exercise and gauge the child's response before proceeding.



1. For deep pressure input, have child lie face down on a firm mat or carpeted floor. The child is the "dough" while an adult or another child is the "baker" and rolls over the child's back, lower back and thighs with the rolling pin. Take turns rolling out the "cookie" or "pizza" dough. Once the "dough" is rolled out, place bean bags or lightly weighted objects (not included) over the child's back for "toppings", like chocolate chips or pepperonis.
Modification: Place a gym mat or weighted blanket on the child's back for the "bread" and "roll" the bread for a "sandwich".
2. For bilateral motor coordination, have two "bakers" send a "dough" ball back and forth between them, on a smooth surface. Each "baker" must hold both handles of the rolling pin, then bat a ball or small bean bag (not included) back and forth to each other. This should require each child to cross midline and use good trunk rotation to stop the ball with their pin, then resend it with a push out. Vary size and weight of the ball or bean bags to fine-tune coordination skills and deep pressure input.
Modification: Have a single "baker" stand at a table that has one end against a wall. The child can push the ball forward with the rolling pin to the wall, and keep the momentum going.
3. For co-contraction and promoting proximal stability, have child stand in front of a blank wall, dry erase or chalk board. Then, using both RollEase handles, see how far the child can roll up the wall or board, stretching both arms to full extension (elbows straight). Place a star or other visual cue and "roll for the stars", keeping both hands on the handles at all times.

Care & Safety

Children should be supervised at all times when using the RollEase. Recommended for children ages 4 and up. To clean, wipe with a damp cloth or germicidal wipes. Contains latex.