

Empower Minds.
Strengthen Bodies.
Inspire Creativity.

Childproofing is an important measure to ensure your child is as safe as possible at home. Here, we'll cover measures you can take room by room to create a safe, comfortable home for your young children.

Bathroom

- Keep the bathroom door closed when toddlers are at home. This is the easiest way to keep them out of the toilet, shampoo, and toothpaste.
- Use childproofing door knob covers to make opening the bathroom door less likely.
- Keep shampoo, toothpaste, makeup, cleaning supplies, and hair supplies in drawers or cupboards that have been made childproof or on high closet shelves.
- Use positioning seats for older infants and toddlers to prevent bathtub falls.
- Soft, protective covers can be placed over the bathtub faucet to prevent injuries from falls or bumped heads.
- Always keep medications out of reach of children and choose childproof caps.

Bedroom

- Use plastic outlet plugs to cover unused outlets. This prevents children from putting fingers or other objects into outlets, which can start a fire or result in serious burns and injury.
- Use a nightlight to ensure the room is well-lit after dark. This helps children see their way around when they get up to use the bathroom or get a drink at night.
- Always secure dressers to the floor or the wall. Children often try to "climb" dressers by pulling out drawers or open too many drawers at a time, tipping the dresser over on themselves.
- Never lock the door to a child's bedroom when they are inside. Remove locking knobs when the lock faces in the inside of the room as children sometimes accidentally lock themselves in and are unable to unlock the door to get back out.

Kitchen

- Use childproof locks for cabinet doors that contain cleaning supplies, silverware, knives, or choking hazards. Some parents choose not to lock cabinets that contain pots and pans, plastic containers, and other items that children may use for play and learning.
- Turn pot and pan handles toward the back of the stove when cooking. Never leave a child unattended while the stove or oven are on.
- Ensure the hot water heater is turned to a safe temperature (not hot enough to cause burns).
- Plug outlets with plastic outlet protectors.

Living Room

- Soft corner guards can be used to protect infants and toddlers from the harsh edges of coffee tables, end tables, and entertainment centers.
- Secure the TV to the wall or a TV stand. TVs can tip over and cause serious injury or death.
- Cover outlets not in use with plastic outlet covers to prevent injury.
- If you have a staircase, gates at both the top and bottom of the stairs can prevent falls and injuries. Children enjoy crawling up stairs and often learn important motor skills this way, but an adult should always be present with one hand on the child for safety and the gate should be secured afterward.
- Tie up loose blind cords, which pose risk of strangulation.

The most important thing you can do to childproof your home is to closely supervise your young child.