

LitPE/MathPE: Integrating Literacy and Math into Physical Education

Discover a new way to engage students in movement while teaching literacy and numeracy! Literacy Physical Education (LitPE) and Math Physical Education (MathPE) programs are designed to help students that have fallen behind, based on the statewide reading and/or math assessment. The data shows that students who participate in the LitPE and/or MathPE 12-week programs will more than double their peers and up to three times the national average on the winter assessment. Students come to the gym for fifteen minutes every day for 12 weeks. LitPE embeds fluency, comprehension and spelling into movement activities. MathPE embeds addition, subtraction, multiplication and division into movement activities. Students in this class learn how to combat “learned helplessness” by the end of the 12-week program. Students will use whiteboards, markers and towels as their learning tools. This class has been implemented into grades 2-6 but great for Elementary PE Teachers, Elementary Classroom Teachers, Middle School PE Teachers and After School providers.

This workshop is presented by Joe McCarthy, 2012 MN SHAPE Elementary Teacher of the Year.

A Special Day at your School or Agency:

LitPE/MathPE: Integrating Literacy and Math into Physical Education is a 3 or 6 hour, on-site workshop hosted at YOUR facility. Attendees will learn about this opportunity to showcase the power of movement and academic success, how to implement the LitPE and MathPE programs into their school, and engage students in movement while teaching literacy and numeracy. Join us to receive the tools and knowledge on how to develop LitPE and MathPE into your school.

Program Objectives/Outcomes – participants will:

- Learn how to embed fluency, comprehension and spelling into movement games
- Learn how to incorporate addition, subtraction, multiplication & division into movement games
- Identify when to schedule the LitPE/MathPE class for maximum benefits
- Receive 70 FREE LitPE lessons and 35 MathPE lessons created by Joe McCarthy

Essentials:

- Days, and start/stop times are **flexible**; what’s best for your staff and district?
- 3 or 6 hours of “hands-on” instruction segmented by am/pm breaks
- **Maximum of 40** participants for safety and to ensure adequate equipment for all
- Elementary-aged focused activities

Attendees Receive (FREE):

- Certificate of Completion (awarded end of day to those present)
- Post workshop consultation via phone and email
- Access to e-Newsletter, monthly webinars, and social media opportunities with other physical educators
- Raffle prizes and/or giveaways

Contact us at ProfessionalDevelopment@schoolspecialty.com or 1-888-388-3224 to learn more about scheduling a **LitPE/MathPE** presentation for your school or district!