

Reality PE:

Proven Strategies for Making Secondary PE Fun, Engaging & Meaningful!

What's your PE reality? Do you find it challenging to get all students motivated, engaged, and supporting one another? Can you imagine a festive, energized PE class where students show up early, give 100% effort, demonstrate leadership and teamwork, genuinely cheer the efforts of their classmates, and learn? Sound too good to be true? It's not! Read on to learn more about your new reality...

Welcome to Reality PE! Learn research-verified strategies to enhance learning and make PE authentic for students. These strategies promote affiliation, teamwork and personal growth; establish the competition-cooperation link, focus on fair play; and enhance students' participation and ownership in the learning-teaching process. Collectively, these strategies create a genuine, fun, supportive PE environment. That's Real PE! This workshop is presented by Dr. Derek Mohr and Dr. Scott Townsend, professors at Appalachian State University and experts in the field.

A Special Day at your School or District:

Reality PE: Proven Strategies for making Secondary PE Fun, Engaging & Meaningful is a half or full day, on-site workshop hosted at YOUR facility. This active, engaging and practical workshop will showcase a wide variety research-verified strategies, instructional materials, and assessment tools, all designed to ensure that your secondary PE classroom is REAL; real meaningful, real fun, real effective! Make this your Reality PE today!

Program Objectives/Outcomes – participants will:

- Identify strategies to make secondary PE relevant, inclusive and enjoyable for all students
- Explain the benefits of an authentic learning environment for students and teachers in PE
- Engage in sample activities that illustrate strategies for making PE more authentic
- Develop an action plan for implementing and assessing such strategies in your own PE program

Essentials:

- Days, and start/stop times are **flexible**; what's best for your staff and district?
- 3 or 6 hours of "hands-on" instruction segmented by am/pm breaks and lunch (host facilitated)
- **Maximum of 40** participants for safety and to ensure adequate equipment for all

Attendees Receive (FREE):

- Certificate of Completion (awarded end of day to those present)
- Post workshop consultation via phone and email
- Access to e-Newsletter, monthly webinars, and social media opportunities with other physical educators
- Raffle prizes and/or giveaways

Contact us at ProfessionalDevelopment@schoolspecialty.com or 1-888-388-3224 to learn more about scheduling a **Reality PE** presentation for your school or district!