



Ignite YOUR Health Education Workshop

Join us to ignite your health education program! Gain firsthand experience into integrating physical activity into the Health classroom. Additionally, participants will learn "out of the box" ways to teach students health content. We will use resources that will allow us to extend concepts from Physical Education into a classroom setting to teach Health content as well as incorporate other content areas that align with the National Health Education standards.

This workshop is presented by Amy Prior, the 2014 SHAPE America Health Teacher of the Year for the Southern District.

A Special Day at your School or Agency:

Ignite YOUR Health Education is a half or full day, on-site workshop hosted at YOUR facility. Attendees will learn hands-on activities that will have their students up, active, and mastering content objectives. Attendees will leave with skills they can use in their classrooms the following morning! Come Ignite YOUR Health Education program!

Program Objectives/Outcomes – participants will:

- Apply instructional best practices that align with 21st Century Learning Skills and the National Health Education Standards
- Incorporate content from other subject areas and the Common Core State Standards
- Learn fun interactive strategies to engage students in a Health classroom
- Increase confidence and expand content knowledge related to integrating physical activity into your classroom and throughout your school

Essentials:

- Days, and start/stop times are **flexible**; what's best for your staff and district?
- 3 or 6 hours of "hands-on" instruction segmented by am/pm breaks and lunch (host facilitated)
- **Maximum of 40** participants for safety and to ensure adequate equipment for all
- Secondary focused activities

Attendees Receive (FREE):

- Certificate of Completion (awarded end of day to those present)
- Post workshop consultation via phone and email
- Access to e-Newsletter, monthly webinars, and social media opportunities with other physical educators
- Raffle prizes and/or giveaways

Contact us at ProfessionalDevelopment@schoolspecialty.com or 1-888-388-3224 to learn more about scheduling an *Ignite YOUR Health Education Workshop* presentation for your school or district!